

Breastfeeding

HEALTH & LEARN LUNCH & LEARN



# Everyone Welcome!

Join us for a **FREE lunch & learn** -- open to expectant parents & support partners wanting to learn more about breastfeeding & pumping.

## 2025 MARYSVILLE CLASSES

UNION COUNTY  
HEALTH DEPARTMENT  
940 LONDON AVENUE  
MARYSVILLE, OH

- APRIL 29 @12:30PM
- JULY 22 @12:30PM
- OCTOBER 21 @12:30PM

## 2025 DELAWARE CLASSES

DELAWARE PUBLIC  
HEALTH DISTRICT  
470 S. SANDUSKY STREET  
DELAWARE, OH

- APRIL 30 @12:30PM
- JULY 23 @12:30PM
- AUGUST 27 @12:30PM
- OCTOBER 22 @12:30PM

 **Delaware Public Health District**  
*Dedicated to your health*



### CONTACT:

Sara Bayless | (220) 212-7565  
SBayless@DelawareHealth.org

*Breastfeeding*

**LEARN LUNCH & LEARN**



**TUESDAY, APR 29 | 12:30PM**

**Union County Health Department  
940 London Ave. Marysville, OH**

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Join us for a **FREE** session with lunch included to gain valuable info on breastfeeding. Led by our WIC Breastfeeding Peer, Sara Bayless, we'll help you learn how to hold your baby, latching, tips for ensuring a good milk supply, breastfeeding while returning to work or school, and more!

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**WEDNESDAY, APR 30 | 12:30PM**

**Delaware Public Health District  
470 S. Sandusky St. Delaware, OH**

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**THURSDAY, AUG 29 | 12-1PM**

**Delaware Public Health District  
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