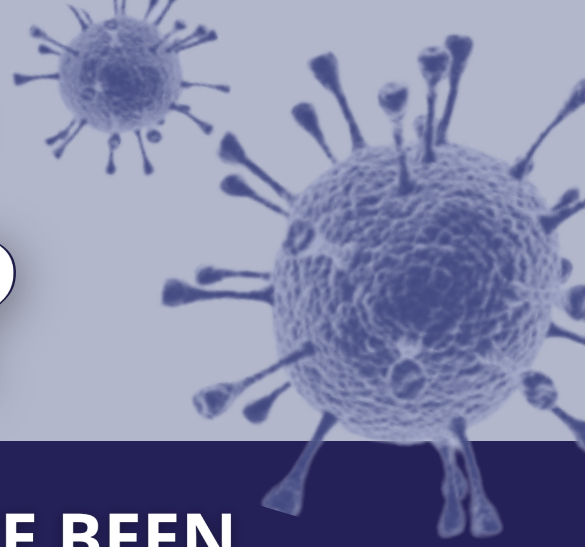


COVID-19 POSITIVE?



IF YOU ARE POSITIVE OR HAVE BEEN EXPOSED, FOLLOW THIS GUIDANCE:



If you are aware that you have tested positive, stay home for 10 days. If you have symptoms, isolate yourself from other healthy individuals in your home for at least 10 days and until you meet all 3 of these requirements:

1. At least 10 days since symptoms first appeared
2. At least 24 hours since last fever without the use of fever-reducing meds
3. Symptoms have improved



If tested positive for COVID-19, but show no symptoms, you can be with others after 10 days have passed since test.



If you have been in contact with a case, stay home for 10 days since your last exposure/contact with them. **If you live with a case, stay home for 10 days after the case has recovered.** Your 10-day quarantine cannot start until the infected person is no longer ill.

Why 10 more days? Because a **live-in contact** can still develop symptoms and become infectious even after the **live-in case** has recovered.

IN ADDITION:

Contact your healthcare provider and seek care if needed



Create a list of people (and their contact info) you have been in contact with from 2 days prior to symptoms starting to now



Inform those on your contact list that you have tested positive for COVID-19

