

# WHEN AN **EMERGENCY** STRIKES

Do you have a plan in place to help ensure your family is safe if a disaster happens?

Use this checklist to help your family plan and feel confident with emergency preparedness if faced with a disaster.

## HELP YOUR NEIGHBORS

Be prepared to help neighbors in the event of an emergency by doing the following ahead of time:

- + Encourage neighbors with special physical and mental disabilities, to register with Delaware County Special Needs Registry: [delcoema.org/special-needs](http://delcoema.org/special-needs)
- + Attend a Bleeding Control for the Injured course (B-CON), to use until help arrives in an emergency
- + Save \*211 (Helpline of Delaware & Morrow Counties, Inc.), in your phone
- + Save the 911 non-emergency number in your phone: (740) 833-2160
- + Save your local utility company contact phone numbers in your phone

## GET INVOLVED

Volunteer with the Delaware County Medical Reserve Corps:

[DelawareHealth.org/emergency-preparedness](http://DelawareHealth.org/emergency-preparedness)

Bring emergency preparedness to your workplace:

- Know what to do before, during and after a disaster
- Have emergency supplies available at the workplace

## EMERGENCY KIT CHECKLIST

- Water: One gallon of water per person per day, for at least three days, for drinking and sanitation
- Food (including any special dietary needs): at least a three-day supply of non-perishable food
- Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting/duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Tools to turn off utilities
- Manual can opener for food
- Money (in the case of a massive power outage, access to ATMs will be limited)
- Local maps
- Prescription medicine
- Important documents
- Necessary baby and child items (formula, diapers, etc.)
- Necessary pet items (food, leash, etc.)
- Other important family information/items: \_\_\_\_\_



## MAKE A FAMILY PLAN

1. Visit [Ready.gov/make-a-plan](http://Ready.gov/make-a-plan) to create your family emergency plan.
2. Stay notified for local emergencies by visiting [delcoalerts.org](http://delcoalerts.org).
3. Organize your emergency preparedness kit using the provided checklist

