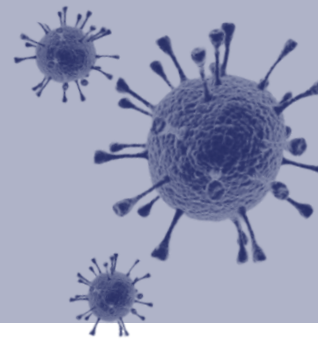




MEDICAL CHECKS FOR ATHLETES



THE OHIO DEPARTMENT OF HEALTH ISSUED **AN AUGUST 19, 2020 ORDER** THAT **"...PROVIDES MANDATORY REQUIREMENTS FOR YOUTH, COLLEGIATE, AMATEUR, CLUB AND PROFESSIONAL SPORTS"**.

THIS ORDER REQUIRES ANYONE

"...WHO TESTS POSITIVE FOR COVID-19..." " TO UNDERGO A MEDICAL EXAM THAT WILL INCLUDE " "...AN ASSESSMENT OF THE CARDIAC/HEART RISK OF HIGH-INTENSITY EXERCISE DUE TO THE POTENTIAL OF MYOCARDITIS OCCURRING IN COVID-19 PATIENTS..." "

THE HEALTH DISTRICT ENCOURAGES ANYONE DIAGNOSED WITH COVID-19 TO CONSULT WITH THEIR HEALTHCARE PROVIDER PRIOR TO ENGAGING IN ATHLETIC ACTIVITIES.

RESOURCES

- **The American College of Cardiology** provides guidance and a suggested algorithm for sport participation clearance in pediatric patients: Dean, PN, Jackson, LB, Paridon, SM. Returning to Play After Coronavirus Infection: Pediatric Cardiologists' Perspective. American College of Cardiology. Published online July 13, 2020. <https://www.acc.org/latest-in-cardiology/articles/2020/07/13/13/37/returning-to-play-after-coronavirus-infection>
- **The Journal of the American Medical Association – Cardiology** published an article that describes a proposed algorithm for resuming athletics: Phelan D, Kim JH, Chung EH. A Game Plan for the Resumption of Sport and Exercise After Coronavirus Disease 2019 (COVID-19) Infection. JAMA Cardiol. Published online May 13, 2020. doi:10.1001/jamacardio.2020.2136. <https://jamanetwork.com/journals/jamacardiology/fullarticle/2766124#hvp200013r1>
- **The Journal of the American College of Cardiology** published an article that describes risks of previous COVID-19 infection: Driggin E, Madhavan MV, Bikdeli B, et al. Cardiovascular Considerations for Patients, Health Care Workers, and Health Systems During the COVID-19 Pandemic. J Am Coll Cardiol. 2020;75(18):2352-2371. doi:10.1016/j.jacc.2020.03.031 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7198856/>