CREATE A FAMILY PLAN FOR COVID-19

The Delaware County Department of Job & Family Services and Delaware County Juvenile Court are encouraging residents to create a family preparedness plan in the event they are impacted by COVID-19.

Follow these tips when reaching out to trusted family, friends or neighbors to assist if you or another guardian are diagnosed with COVID-19 and require isolation or hospitalization:

CREATE AN ALTERNATIVE CAREGIVER LIST
Set up roster of adults who can step in to provide childcare. Be mindful of the unique circumstances surrounding COVID-19. Choose individuals who are not at high-risk and who would be able to provide an isolation area, should your child need it.

PREPARE DOCUMENTS
Write letter authorizing caregiver to seek medical treatment for your child. Make copies of insurance cards and other important medical documents that may be needed by your alternate caregiver.

WRITE DOWN SPECIAL INSTRUCTIONS
Leave "need-to-know" list for caregiver. This list may include food allergies, medication or nutritional needs or any other habit or routine that may help provide comfort and consistency for your little one.

CREATE A KID-FRIENDLY "GO BAG"
Pack bag with overnight essentials and favorite personal items, like a special note, a family photo, favorite book or other items that may comfort your child. Do not forget essential items like toiletries and undergarments.

DelawareHealth.org/covid-19