SPRING BREAK TRAVEL TIPS

Stay up-to-date on CDC’s novel coronavirus (COVID-19) travel advisories & tips, especially if traveling abroad

Practice frequent and thorough handwashing (20 seconds, soap & warm water), cover coughs & sneezes, avoid touching eyes, nose & mouth

There are currently no travel advisories for any U.S. states

UPON RETURN

Take a self-check of your health, monitor for fever, cough and other respiratory symptoms

Stay home from school/work if sick. Stay home for at least 24 hours after fever breaks

If you traveled abroad to a Watch Level 3 or 2 area, call your local health department to get information to ensure your health

If you traveled within the U.S., there is currently no need to let your local health department know

DelawareHealth.org/covid-19