

2019 Action Plans—DRAFT CHANGES IN YELLOW - 9/18/19

Priority Topic: Mental Health

Strategy 1: Implement community-based education to promote positive mental health

Action Step	Priority Outcomes & Indicators	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Obtain baseline information from county organizations offering community-based mental health trainings.</p> <p>#2 Identify gaps in existing programs and determine additional programming needs.</p> <p>#3 Determine goal to increase number of trainings.</p> <p>#4 Brainstorm effective marketing techniques among community organizations that will promote identified trainings. MOVED TO YEAR 2</p> <p>#5 Research social marketing programs that specifically address mental health stigma that can accompany community-based trainings. MOVED TO YEAR 2</p>	<p>Strategy Objective: By 12/31/2020 implement one social marketing campaign that directly addresses mental health stigma across Delaware County.</p> <p>Priority Outcomes:</p> <ol style="list-style-type: none"> 1. Reduce youth depression 2. Reduce adult depression <p>Priority Indicators:</p> <ol style="list-style-type: none"> 1. Percentage of youth who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 2. Percentage of adults who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 	<p>Adult and youth</p>	<p>Delaware-Morrow Mental Health & Recovery Services Board (Lead)</p> <p>HelpLine</p> <p>NAMI</p> <p>Delaware General Health District</p>	<p>#1 6/1/19-12/31/19</p> <p>#2-3 7/23/19-12/31/19</p> <p>#4 6/1/19-6/1/20</p> <p>#5 6/1/19-6/1/20</p>
<p>Identified Assets & Resources: DMMHR SB, Delaware & Morrow Counties NAMI, Helpline, Syntero – these providers have funding to provide free trainings</p>				

Priority Topic: Mental Health

Strategy 2: Implement universal school-based suicide awareness and education programs

Action Step	Priority Outcomes & Indicators	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Establish baseline reach (from 2017/2018 school year) for number of middle school and high school buildings implementing Signs of Suicide (SOS)/depression.</p> <p>#2 Create a reporting system for program reach to be reported within the CHIP.</p> <p>#3 Work with school district staff to ensure program fidelity in screening students and identify district and building gaps.</p> <p>#4 Determine a process within each district for student referrals.</p> <p>#5 Work with YRBS sub-committee to determine if next assessment cycle (YRBS) is capturing data for youth anxiety rates, and what other data may be needed.</p>	<p>Strategy Objective: By 12/31/19 establish baseline reach of SOS training in Delaware County and determine appropriate goal to increase SOS reach.</p> <p>Priority Outcomes: 1. Reduce suicide deaths 2. Reduce youth depression</p> <p>Priority Indicators: 1. Number of deaths due to suicide per 100,000 populations (age-adjusted) 2. Percentage of youth who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year</p>	<p align="center">Youth</p>	<p align="center">HelpLine (Lead) Syntero School Guidance Counselors/Nurses</p>	<p align="center">#1-4 1/1/19-12/31/19</p> <p align="center">#5 1/1/19-3/31/19</p>
<p>Identified Assets & Resources: DMMHRBS currently funds HelpLine staff to implement Signs of Suicide across the county, support and communication with school district partners, each MS & HS has a school resource officer to provide additional support/referrals, Syntero provides school-based clinicians to each school district to assist with student referral process</p>				

Priority Topic: Mental Health

Strategy 3: Research the use of technology to deliver mental health services (Suicide crisis hotlines and cell-phone based support programs)

Action Step	Priority Outcomes & Indicators	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Establish a sub-committee to evaluate the need for mental health service reach via technology.</p>	<p align="center">Strategy Objective: By 12/31/19 establish a MH telemedicine subcommittee or taskforce in Delaware County.</p> <p align="center">Priority Outcomes:</p> <ol style="list-style-type: none"> 1. Reduce suicide deaths 2. Reduce youth depression 3. Reduce adult depression <p align="center">Priority Indicators:</p> <ol style="list-style-type: none"> 1. Number of deaths due to suicide per 100,000 populations (age-adjusted) 2. Percentage of youth who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 3. Percentage of adults who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 	<p align="center">Adult and youth</p>	<p align="center">Delaware-Morrow Mental Health & Recovery Services Board (Lead)</p>	<p align="center">#1 6/1/19-12/31/19</p>

Identified Assets & Resources: DMMHRSB has already started researching possible technological services to deliver mental health services, HelpLine already has a successful crisis text line service

Priority Topic: Mental Health

Strategy 4: Improve mental health and substance abuse referral process

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Review the current referral system within Grady Hospital (ED or inpatient) to public behavioral providers and identify ways to make the process more effective and efficient for residents needing behavioral health services.</p> <p>#2 Refine the behavioral health referral protocol to be used with other emergency rooms, including data collection to establish baseline measurements for behavioral health follow-up and referrals.</p>	<p align="center">Strategy Objective: Improve mental health and substance abuse referral process by having two systems adopt written referral protocols by 12/31/22.</p> <p align="center">Priority Outcomes: 1. Reduce youth depression 2. Reduce adult depression 3. Reduce suicide deaths</p> <p align="center">Priority Indicators: 1. Percentage of youth who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 2. Percentage of adults who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 3. Number of deaths due to suicide per 100,000 populations (age-adjusted)</p>	<p align="center">Adult and youth</p>	<p align="center">Delaware-Morrow Mental Health & Recovery Services Board (Lead) HelpLine OhioHealth Grady Memorial Hospital Delaware General Health District</p>	<p align="center">#1 7/1/19-9/30/19</p> <p align="center">#2 10/1/19-3/31/20</p>

Identified Assets & Resources: DMMHRSB funds public providers and all agencies have Rapid Engagement Coordinators to improve referral process, HelpLine has crisis line already established, DGHD, OhioHealth, Mount Carmel Healthcare, Nationwide Children’s Hospital, SourcePoint

Priority Topic: Mental Health

Strategy 5: Screen for clinical depression for all patients 12 or older using a standardized tool

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: Strategy is tabled to year 2</p>	<p>Priority Outcomes: 1. Reduce youth depression 2. Reduce adult depression</p> <p>Priority Indicators: 1. Percentage of youth who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year 2. Percentage of adults who reported feeling sad or hopeless almost every day for 2 or more weeks in a row in the past year</p>	<p>Adult and youth</p>	<p>Delaware-Morrow Mental Health & Recovery Services Board (Lead) Hospital Partners Delaware General Health District</p>	<p align="center">-</p>

Identified Assets & Resources: Hospital systems are willing partners to examine and share current screening processes, DGHD can be a new system to implement a depression screening with the Pre-Natal & Newborn Home Visiting Programs, many public serving mental health providers are already practicing in Delaware County

Priority Topic: Mental Health

**Strategy 6: Implement & evaluate community-based violence prevention curriculums which support MTSS/PBIS frameworks with schools
(School-based violence prevention programs)**

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Set up YRBS planning committee for next cycle of YRBS to ensure priority outcomes are correctly measured for the CHIP and community partners.</p> <p>#2 Discuss with district officials how the 2016/2017 YRBS data was utilized to guide prevention work & district planning related to MTSS/PBIS frameworks. Explore new ways of sharing YRBS & school data with specific populations; parents, BOE, teachers, students etc. to further promote comprehensive violence prevention related activities.</p> <p>#3 Reach out to Helpline, Sheriff, DMMHR SB to see what data they can share related to violence and youth.</p> <p>#4 Implement next cycle of YRBS within all districts & share findings with community partners to evaluate data and assess program effectiveness.</p> <p>#5 PEACE Prevention Coordinator will conduct an evaluation & compile results of community-based violence prevention curriculum taught in classrooms in grades K-12 across Delaware Co. during '18/'19 school year. <i>(Will separate curriculum-based prevention programming delivered in classrooms from other prevention activities - after school clubs, BBBS, Day of Silence activities)</i></p> <ul style="list-style-type: none"> • Total # of school districts (out of 4 public districts) • Total # of students reached K-12 within each district (broken down by individual bldg.- don't need to know how many times you were in 1 bldg.) • Total # of programs presented within each district <p>#6 Share comprehensive prevention report (differentiated between curriculum-based and other prevention activities) with each district to assess prevention reach to determine gaps across each district.</p> <p># 7 Maintain number of buildings & districts implementing community-based violence prevention curriculum across grades K-12 during '19/'20 school year. Reach will be shared with Partnership 2x/year to coincide with school year.)</p> <p>Curriculums include:</p> <ul style="list-style-type: none"> • Safe Dates (6th-8th) • Love All That & More (9th-12th) • Intimate Partner Violence (6th-12th) • Too Good For Violence (K-5th) 	<p>Strategy Objective: By 12/31/22 integrate YRBS data into new/existing publications to inform or guide violence prevention work across Delaware County.</p> <p>Priority Outcomes:</p> <ol style="list-style-type: none"> 1. Reduce youth electronic (cyber) bullying 2. Reduce youth bullying on school property 3. Reduce child electronic (cyber) bullying 4. Reduce youth intimate partner violence & sexual coercion <p>Priority Indicators:</p> <ol style="list-style-type: none"> 1. Percent of youth who reported being cyber-bullied during the past 12 months 2. Percent of youth who reported being bullied on school property within the past 12 months 3. Parents who reported their child was cyber-bullied during the past 12 months 4. Percent of youth who reported experiencing intimate partner violence & sexual coercion 	<p align="center">Youth & child</p>	<p align="center">HelpLine (Lead) Delaware General Health District Turning Point School Districts Recovery & Prevention Resources</p>	<p align="center"># 1 1/1/19-4/30/19</p> <p align="center">#2 5/1/19-8/1/19</p> <p align="center">#3 7/1/19-8/30/19</p> <p align="center">#4 6/1/19-12/31/19</p> <p align="center">#5 6/1/19-7/31/19</p> <p align="center">#6 10/1/19-12/15/19</p> <p align="center">#7 Entire '19/'20 school year</p>

Priority Topic: Addiction

Strategy 1: Expand screening, brief intervention and referral to treatment (SBIRT) model

Action Step	Priority Outcomes & Indicators	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Collect baseline data on the number of hospital emergency departments, urgent care centers, and primary care providers (including pediatricians) that currently screen for drug and alcohol abuse, and at what age they start screening.</p> <p>#2 Introduce a screening, brief intervention and referral to treatment model (SBIRT) to healthcare providers. Pilot the screening tool with at least one hospital, urgent care center, or primary care office.</p>	<p>Strategy Objective: By 12/31/22, expand number of healthcare provider sites implementing the SBIRT model from zero (0) to six (6) sites.</p> <p>Priority Outcomes:</p> <ol style="list-style-type: none"> 1. Reduce adult binge drinking 2. Reduce youth binge drinking 3. Reduce unintentional drug overdose deaths <p>Priority Indicators:</p> <ol style="list-style-type: none"> 1. Percent of adults who had at least (5 for men/ 4 for women) drinks on an occasion in the past month 2. Percent of youth who had at least 5 drinks on an occasion in the past month 3. Number of deaths due to unintentional drug overdoses per 100,000 population (age adjusted) 	<p>Adult and youth</p>	<p>Delaware-Morrow Mental Health & Recovery Services Board (Lead)</p> <p>Delaware General Health District</p> <p>Mount Carmel Lewis Center</p>	<p align="center">#1 7/1/19-12/31/19</p> <p align="center">#2 1/1/19-12/31/19</p>

Identified Assets & Resources: DMMHRSB funding, ODH contract in place, hospital system willing to implement (i.e. Mount Carmel), DGHD Home Visiting Program planning to implement in 2018, local primary care physicians implementing SBIRT model, SourcePoint

Priority Topic: Addiction

Strategy 2: Expand community-based comprehensive program(s) to reduce alcohol abuse

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Research alcohol prevention programs or other like programs outside of law enforcement to address binge drinking. Focus on strategies that specifically target high use populations.</p> <p>#2 Collect baseline data on current environmental interventions being administered by law enforcement including: Compliance checks, Responsible Beverage Service, and Parents Who Host Lose the Most campaign. (will use 2018 data for baseline)</p> <p>#3 Work with all area law enforcement agencies and Drug-Free Delaware to determine which components would be feasible to expand and/or implement.</p>	<p align="center">Strategy Objective: By 12/31/22, increase total current law enforcement environmental interventions which includes compliance checks*, RBS trainings, and "Parents who Host the Most" campaign entities by 10%.</p> <p align="center">Priority Outcomes: 1. Reduce adult binge drinking 2. Reduce youth alcohol use</p> <p align="center">Priority Indicators: 1. Percent of adults who had at least (5 for men/4 for women) drinks on an occasion in the past month 2. Percent of youth who drank one or more drinks of an alcoholic beverage in the past 30 days</p>	<p align="center">Adult and youth</p>	<p align="center">Drug-Free Delaware (Lead) Delaware General Health District Maryhaven Law Enforcement: (Sheriff's Office, police departments) SAFE Coalition</p>	<p align="center">#1-3 10/1/19-12/31/19</p>
<p>Identified Assets & Resources: Drug-Free Delaware Coalition (SAMHSA funding); DMMHR SB funding; existing partnerships with law enforcement entities; Delaware County Law Enforcement Executives group; SAFE Coalition; Ohio Wesleyan University; Columbus State College; Southeast Healthcare, Inc.; Maryhaven; Syntero</p>				

Priority Topic: Addiction

Strategy 3: Implement and evaluate community-based ATOD curriculums which support MTSS/PBIS frameworks with schools (School-based alcohol/other drug prevention programs 🍷)

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Set up YRBS planning committee for next cycle of YRBS to ensure priority outcomes are correctly measured for the CHIP and community partners.</p> <p>#2 Discuss with district officials how the 2016/2017 YRBS data was utilized to guide prevention work & district planning related to MTSS/PBIS frameworks. Explore new ways of sharing YRBS & school data with specific populations; parents, BOE, teachers, students etc. to further promote comprehensive prevention ATOD related activities</p> <p>#3 Reach out to public ATOD providers (or DMMHRSB) to see what data they can share regarding ATOD services they provide youth in all four districts.</p> <p>#4 Implement next cycle of YRBS within all districts & share findings with community partners to evaluate data and assess program effectiveness.</p> <p>#5 PEACE Prevention Coordinator will conduct an evaluation & compile results of community-based ATOD curriculum taught in <u>classrooms</u> in grades K-12 across Delaware Co. during '18/'19 school year. <i>(Will separate <u>curriculum-based prevention programming delivered in classrooms</u> from other prevention activities after school clubs, BBBS, Safety Town etc.)</i></p> <ul style="list-style-type: none"> • Total # of school districts (out of 4 public districts) • Total # of students reached K-12 within each district (broken down by individual bldg. - don't need to know how many times you were in 1 bldg.) • Total # of programs presented within each district <p>#6 Share comprehensive prevention report (differentiated between curriculum-based and other prevention activities) with each district to assess prevention reach to determine gaps across each district. <i>(referencing Ohio Attorney General's Drug Use Prevention Resource Guide to help facilitate school district conversations)</i></p> <p># 7 Maintain number of buildings & districts implementing community-based ATOD curriculum across grades K-12 (Too Good for Drugs) during '19/'20 school year. (Reach will be shared with Partnership 2x/year to coincide with school year.)</p>	<p>Strategy Objective: By 12/31/22 integrate YRBS data into new/existing publications to inform or guide ATOD prevention work across Delaware County.</p> <p>Priority Outcomes: 1. Reduce youth non-prescribed prescription drug misuse 2. Reduce youth binge drinking</p> <p>Priority Indicators: 1. Percent of youth who misused prescription drugs not prescribed to them in the past 30 days 2. Percent of youth who had at least 5 drinks on an occasion in the past month</p>	<p align="center">Youth</p>	<p align="center">Recovery & Prevention Resources (Lead)</p> <p align="center">Delaware General Health District</p> <p align="center">Maryhaven</p> <p align="center">PEACE Collaborative</p> <p align="center">School Districts</p>	<p align="center"># 1 1/1/19-4/30/19</p> <p align="center">#2 5/1/19-8/1/19</p> <p align="center">#3 7/1/19-8/30/19</p> <p align="center">#4 6/1/19-12/31/19</p> <p align="center">#5 6/1/19-7/31/19</p> <p align="center">#6 10/1/19-12/15/19</p> <p align="center">#7 Entire '19/'20 school year</p>

Priority Topic: Addiction

Strategy 4: Increase community awareness and education of risky behaviors and substance abuse issues and trends

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Plan a community awareness campaign to increase education and awareness of risky behaviors and substance abuse issues and trends.</p>	<p>Strategy Objective: By 12/31/19, develop template for risky behavior and substance abuse education.</p> <p>Priority Outcomes:</p> <ol style="list-style-type: none"> 1. Reduce adult binge drinking 2. Reduce youth binge drinking 3. Reduce adult non-prescribed prescription drug misuse 4. Reduce youth non-prescribed prescription drug misuse 5. Reduce adult current smokers 6. Reduce youth current smokers <p>Priority Indicators:</p> <ol style="list-style-type: none"> 1. Percent of adults who had at least (5 for men/4 for women) drinks on an occasion in the past month 2. Percent of youth who had at least 5 drinks on an occasion in the past month 3. Percent of adults who misused prescription drugs not prescribed to them in the past 6 months 4. Percent of youth who misused prescription drugs not prescribed to them in the past 30 days 5. Percent of adults who smoked at least 100 cigarettes in their lifetime and currently smoke some or all days 6. Percent of youth who smoked cigarettes in the past 30 days 	<p>Adult and youth</p>	<p align="center">Delaware General Health District (Lead)</p> <p align="center">Drug-Free Delaware Tobacco-Free Delaware Coalition Delaware County Sheriff's Office</p>	<p align="center">#1 1/1/19-12/31/19</p>

Identified Assets & Resources: Drug-Free Delaware Coalition, Tobacco-Free Delaware County Coalition, DGHD communications team, drug liaison position at Delaware County Sheriff's Office, school resource officers in all school districts, several police departments in the county that work with Drug-Free Delaware

Priority Topic: Addiction

Strategy 5: Increase safe disposal of prescription drugs

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Increase awareness of prescription drug abuse.</p> <p>#2 Secure the location of one permanent prescription drug collection box.</p> <p>#3 Work with local law enforcement to increase the number of prescription drug take-back days or events. (baseline from 2018)</p> <p>#4 Expand the number of local practitioners and pharmacies providing information on prescription drug abuse and collection locations. (baseline from 2018)</p> <p>#5 Promote the use of dissolvable prescription bags (e.g. Deterra) and provide education regarding safe disposal (e.g. knowledge of safe needle disposal).</p>	<p>Strategy Objective: By 12/31/22, secure the addition of one permanent prescription drug collection box.</p> <p>Priority Outcomes: 1. Reduce adult non-prescribed prescription drug misuse 2. Reduce youth non-prescribed prescription drug misuse</p> <p>Priority Indicators: 1. Percent of adults who misused prescription drugs not prescribed to them in the past 6 months 2. Percent of youth who misused prescription drugs not prescribed to them in the past 30 days</p>	<p>Adult and youth</p>	<p>Drug-Free Delaware (Lead)</p>	<p>#1 1/1/19-12/31/19</p> <p>#2 1/1/19-10/1/19</p> <p>#3 1/1/19 -12/31/19</p> <p>#4 1/1/19-12/31/19</p> <p>#5 1/1/19 – 12/31/19</p>

Identified Assets & Resources: Drug-Free Delaware Coalition website and materials i.e.flyer “Be Smart with Sharps,” county fire departments, SourcePoint, Delaware County Sheriff’s Office, law enforcement agencies, hospital systems, pharmacies, DGHD

Priority Topic: Addiction

Strategy 6: Increase policies to decrease availability of tobacco products

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Enhance the local Tobacco21 initiative to focus on point-of-sale marketing in Delaware City.</p> <p>#2 Review model point-of-sale marketing policies to enhance the new State T21 policy in Delaware City.</p> <p>#3 Review the model Tobacco 21 policy to ensure all forms of tobacco use are included (e.g. e-cigarettes).</p> <p>#4 Work with the City of Powell who has implemented this policy and determine barriers and challenges.</p> <p>#5 Continue efforts to adopt smoke-free policies in county parks, fairgrounds, schools and other public locations.</p>	<p>Strategy Objective: By 12/31/20, adopt one Tobacco to 21 policy in the City of Delaware.</p> <p>Priority Outcomes: 1. Reduce adult current smokers 2. Reduce youth current smokers</p> <p>Priority Indicators: 1. Percent of adults who smoked at least 100 cigarettes in their lifetime and currently smoke some or all days 2. Percent of youth who smoked cigarettes in the past 30 days</p>	<p>Adult and youth</p>	<p>Tobacco Free Delaware County Coalition (Lead) Creating Healthy Communities Program (DGHD)</p>	<p>#1 1/1/19-12/31/19</p> <p>#2 9/1/19-12/31/19</p> <p>#3 7/1/19-12/31/19</p> <p>#4 1/1/19-3/31/19</p> <p>#5 1/1/19-12/31/19</p>
<p>Identified Assets & Resources: Tobacco-Free Delaware County Coalition, DGHD, relationship with political subdivisions within the county, recent adoption of Powell’s Tobacco 21 policy, solid infrastructure with law enforcement partners throughout the county, Drug-Free Delaware’s support of tobacco prevention efforts</p>				

Priority Topic: Chronic Disease

Strategy 1: Develop partnership-based healthy lifestyle programming

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Partner with SourcePoint to join the Age-Friendly's Community and Health Services domain. Utilizing the work of Age-Friendly data.</p> <p>#2 Work collaboratively with Community and Health Services Domain to address healthy lifestyle programming.</p> <p>#3 Utilizing age-friendly data, review current opportunities to see what is available and what gaps exist in promoting healthy lifestyles among senior population.</p> <p>#4 Collaborate to adopt a comprehensive approach to promote healthy lifestyle programming, policies or intervention among seniors.</p>	<p align="center">Strategy Objective: By 12/31/22, collaborate with SourcePoint Age-Friendly's Community and Health Services domain and adopt two new policies, systems or environmental changes within the community that impact seniors' choices on leading healthier lifestyles.</p> <p align="center">Priority Outcome: 1. Reduce adult obesity 2. Reduce youth obesity 3. Reduce child obesity</p> <p align="center">Priority Indicator: 1. Percent of adults that report body mass index (BMI) greater than or equal to 30 2. Percent of youth who were obese 3. Percent of children who were obese</p>	<p align="center">Adult, youth and child</p>	<p align="center">Cancer Support Community (Lead) Grace Clinics of Ohio Ohio Wesleyan University SourcePoint YMCA Mount Carmel Lewis Center</p>	<p align="center">#1 1/1/19-12-31/19</p> <p align="center">#2-3 8/1/19-12/31/19</p> <p align="center">#4 10/1/19-12/31/19</p>

Identified Assets & Resources: YMCA Strong, Well, Fit and other classes; Mount Carmel classes; Cancer Support Community classes; Grace Clinics of Ohio Weight Loss and Nutrition classes; SourcePoint Healthy U and fitness and aquatic classes; Strengthening Families; Cooking Matters; Ohio Wesleyan University; OhioHealth Grady Memorial Hospital

Priority Topic: Chronic Disease				
Strategy 2: Increase awareness of prediabetes (Prediabetes Risk Assessment)				
Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Determine baseline of the number of organizations that currently provide prediabetes screening or risk assessments (e.g.: Diabetes Prevention Program (DPP)).</p> <p>#2 Identify screening tool to implement in partner clinics, in order to raise awareness about prediabetes by 12/31/2019.</p> <p>#3 Identify potential partners to implement the identified screening tool, or to raise awareness of prediabetes by 12/31/2019.</p>	<p>Strategy Objective: By 12/31/20, strategy team partners will identify and implement a pre-identified prediabetes screening tool in at least one clinic setting.</p> <p>Priority Outcome: 1. Reduce adult diabetes 2. Reduce adult prediabetes</p> <p>Priority Indicator: 1. Percent of adults who had been told by a doctor that they have diabetes 2. Percent of adults who had been told by a doctor that they have prediabetes</p>	Adult	<p>Grace Clinics of Ohio (Lead)</p> <p>SourcePoint</p> <p>Mount Carmel Lewis Center</p> <p>OhioHealth Grady Memorial Hospital</p> <p>Delaware General Health District</p>	<p>#1 8/1/19-12/31/19</p> <p>#2 6/1/19-12/31/19</p> <p>#3 3/20/19-12/31/19</p>
<p>Identified Assets & Resources: SourcePoint, YMCA, Mount Carmel Lewis Center, Grace Clinics of Ohio, Ohio Department of Health, Delaware County food pantries, diabetes risk assessment screening tool (ODH), OhioHealth Grady Memorial Hospital</p>				

Priority Topic: Chronic Disease

Strategy 3: Create a county wide physical activity collaboration

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Recruit interested organizations/partners who are working on improving and promoting Delaware County's physical activity opportunities.</p> <p>#2 Determine goals of the physical activity collaboration.</p> <p>#3 Engage county organizations to participate in a unified message to make Delaware County well-known as an active community.</p> <p>#4 Create county branding.</p> <p>#5 Explore the feasibility and challenges of creating a county physical activity app or calendar.</p>	<p align="center">Strategy Objective: Increase by one outdoor adventure expo event per year that offers a variety of sports, recreation, and physical activity options for different age groups and increase participation in these expos by 30% over the next four years.</p> <p align="center">Priority Outcome:</p> <ol style="list-style-type: none"> 1. Reduce adult obesity 2. Reduce youth obesity 3. Reduce child obesity 4. Reduce coronary heart disease <p align="center">Priority Indicator:</p> <ol style="list-style-type: none"> 1. Percent of adults that report body mass index (BMI) greater than or equal to 30 2. Percent of youth who were obese 3. Percent of children who were obese 4. Percent of adults ever diagnosed with coronary heart disease 	<p align="center">Adult, youth and child</p>	<p align="center">Preservation Parks (Lead)</p> <p align="center">Delaware County Trail Committee</p> <p align="center">Grace Clinics of Ohio</p> <p align="center">Delaware General Health District</p> <p align="center">YMCA</p>	<p align="center">#1 1/1/19-7/1/19</p> <p align="center">#2 7/1/19-8/30/19</p> <p align="center">#3-4 8/30/19-10/1/19</p> <p align="center">#5 10/1/19-12/31/19</p>

Identified Assets & Resources: Preservation Parks of Delaware County, park boards, Destination Delaware, Columbus Zoo, Delaware County Chambers of Commerce, local park systems, community park groups, Delaware County Trail Committee, Delaware County Friends of the Trail, Delaware County Tourism, Grace Clinics of Ohio Walk with a Doc, OhioHealth Grady Memorial Hospital, YMCA, SourcePoint (hiking group)

Priority Topic: Chronic Disease

Strategy 4: Research chronic pain management best-practices


Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Research and/or monitor chronic pain best practices (ex: Department of Health and Human Services Pain Management Best Practices Inter-Agency Task Force) and determine availability of local resources.</p> <p>#2 Complete a needs assessment focused on individual experiences with chronic pain and the process of navigating resources.</p> <p>#3 Review the current state of evidence on the effectiveness of non-pharmacological treatments and integrative health models for pain management, as well as available evidence on use patterns and patient interest. Examples may include acupuncture, manual therapies, physical therapy and exercise, cognitive behavioral therapy, tai chi, yoga, meditation, and noninvasive neurostimulation.</p> <p>#4 Compile an inventory of effective non-pharmacological for pain management in Delaware County to identify gaps.</p>	<p>Strategy Objective: By December 31, 2019, produce a report of best practices for chronic pain management for Delaware County based on Department of Health and Human Services Inter-Agency Task Force recommendations.</p> <p>Priority Outcome: 1. Decrease adult chronic pain</p> <p>Priority Indicator: 1. Percent of adults limited in some way due to chronic pain</p>	<p align="center">Adult</p>	<p align="center">Delaware General Health District (Lead)</p> <p align="center">Mount Carmel Lewis Center</p> <p align="center">Grace Clinics of Ohio</p> <p align="center">OhioHealth Grady Memorial Hospital</p>	<p align="center">#1 1/1/19-12/31/19</p> <p align="center">#2-4 7/1/19-12/31/19</p>
<p>Identified Assets & Resources: Mount Carmel, Grace Clinics of Ohio, Cancer Support Community, DHHS report (pending), Integrated Pain Solutions, OhioHealth Grady Memorial Hospital, HelpLine</p>				

Cross-cutting Topic: Social Determinants of Health

Strategy 1: Increase the amount of affordable housing required with new development and throughout the county

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Hold four community meetings to discuss housing in Delaware County</p> <p>#2 Develop an action plan</p>	<p align="center">Strategy Objective:</p> <p>By 12/31/19 hold four community meetings to discuss housing in Delaware County and develop a plan for future actions.</p> <p align="center">Cross-Cutting Outcome:</p> <p>1. Reduce percentage of county residents with high housing costs 2. Reduce severe housing problems</p> <p align="center">Cross-Cutting Indicator:</p> <p>1. Percent of households with monthly housing costs, including utilities, exceed 50% of monthly income (via U.S. HUD) 2. Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities (via Community Health Rankings)</p>	<p>Adult, youth and child</p>	<p align="center">United Way of Delaware County (Lead)</p>	<p align="center">#1 1/1/19-6/30/19</p> <p align="center">#2 6/1/19-12/31/19</p>

Identified Assets & Resources: CHA data, Point in time count in January, "Out of Reach" Report, Delaware County Housing Coalition (chaired by Salvation Army), Region 10 Coalition, Family Promise, DelMor Dwellings, Andrews House, DACC, Habitat for Humanity, Building Industry Association, Landlord Association, Delaware County Sheriff's Office "Stepping Up Initiative," Delaware County Regional Planning Commission, Delaware-Morrow Mental Health and Recovery Services Board

Cross-cutting Topic: Healthcare System and Access				
Strategy 2: Provide cultural competence training for healthcare professionals and other service providers  ✓				
Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
Year 1: Strategy is tabled to year 2	<p>Cross-cutting Outcome: Increase cultural understanding and skills</p> <p>Cross-cutting Indicator: Not currently available per Ohio SHIP</p>	Adult, youth and child	Delaware General Health District (Lead)	-
<p>Identified Assets & Resources: CHA data, Bridges out of Poverty – STEP – Andrews House, Community Coalition (Second Ward), DGHD CLAS Plan, OWU Diversity Inclusion, Olentangy Schools Office of Diversity and Inclusion, HelpLine training for social workers, Chamber of Commerce, Greif, Local Scholars Program – all school districts, Columbus Council on World Affairs – offers global fluency training for businesses, Delaware County Sheriff’s Office “Stepping Up Initiative”</p>				

Cross-cutting Topic: Healthcare System and Access

Strategy 3: Increase transportation opportunities and awareness

Action Step	Cross-cutting Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Conduct an environmental scan of all transportation opportunities, including public, regional, and private. Collect information regarding eligibility of services, cost, and other relevant information.</p> <p>#2 Assure representation from The Partnership on the Transportation Advisory Committee.</p> <p>#3 Research alternative transportation opportunities such as ride share, park and ride, biking/walking, Uber/Lyft.</p>	<p>Strategy Objective: By 12/31/19 collect any transportation resources and alternative transportation opportunities in the community.</p> <p>Cross-cutting Outcome: Increase access to transportation opportunities</p> <p>Cross-cutting Indicator: 1. Increase mobility management website traffic (baseline 2018 website traffic) 2. Increase the total opportunities for transportation in Delaware Co. 3. Increase riders on public transportation options</p>	<p>Adult, youth and child</p>	<p>Delaware County Transit (Lead)</p>	<p align="center">#1-3 6/4/19-12/31/19</p>

Identified Assets & Resources: CHA data, DATA bus ridership data, DATA bus, Transportation Advisory Committee, DATA link with COTA, SourcePoint-partnership with Lyft, Complete Streets policies, Delaware County Sheriff's Office "Stepping Up Initiative"/

Cross-cutting Topic: Healthcare System and Access

Strategy 4: Support trauma-informed health care

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Reconvene TIC Workgroup and recruit new members as needed. Identify available TIC trainers and brainstorm entities to target for training.</p> <p>#2 Expand awareness and understanding of trauma informed care, including toxic stress and adverse childhood experiences, and secondary trauma. Focus specifically on large businesses and day-care staff.</p> <p>#3 Implement the trauma informed care pre-assessment to participating organizations. Administer a training to increase education and understanding of trauma informed care to at least 2 organizations.</p>	<p>Strategy Objective: By 12/31/22, implement a systems change in 5 organizations related to Trauma-Informed Care and employee training.</p> <p>Cross-cutting Outcomes: 1. Reduce suicide ideation in adults 2. Reduce suicide ideation in youth</p> <p>Cross-cutting Indicators: 1. Percent of adults who seriously considered attempting suicide in the past 12 months 2. Percent of youth who seriously considered attempting suicide in the past 12 months</p>	<p>Adult and youth</p>	<p>Delaware-Morrow Mental Health & Recovery Services Board (Lead)</p>	<p>#1 7/1/19-8/31/19</p> <p>#2 8/1/19-9/30/19</p> <p>#3 10/1/19-12/31/19</p>
<p>Identified Assets & Resources: Delaware-Morrow Mental Health & Recovery Services Board, school counselors (DACC holds regular counselor meetings), superintendents and principals, Strengthening Families, Delaware County Sheriff's Office "Stepping Up Initiative"</p>				

Cross-cutting Topic: Public Health System, Prevention and Health Behaviors

Strategy 5: Adopt healthy food initiatives  

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Work with the Hunger Alliance to increase awareness of available food pantries within the county. Continue to update GIS maps for location information on a quarterly basis.</p> <p>#2 Research and create a campaign to decrease the stigma associated with obtaining pantry services.</p> <p>#3 Recruit additional stakeholders, especially businesses, to join the Hunger Alliance. Invite stakeholder to a Hunger Alliance meeting.</p>	<p>Strategy Objective: By 12/31/22 decrease by 20% the number of eligible Delaware County residents who are not obtaining food pantry services.</p> <p>Cross-Cutting Outcomes: Reduce food insecurity</p> <p>Cross-Cutting Indicators: Percent of adults who had experienced at least one food insecurity issue in the past year</p>	<p>Adult, youth and child</p>	<p align="center">Delaware County Hunger Alliance (Lead)</p>	<p align="center">#1 1/1/19-12/31/19</p> <p align="center">#2 8/1/19-12/31/19</p> <p align="center">#3 7/1/19-12/31/19</p>
<p>Identified Assets & Resources: Delaware County Hunger Alliance partners</p>				

Cross-cutting Topic: Public Health System, Prevention and Health Behaviors

Strategy 6: Promote healthy eating practices through education and skill building

Action Step	Priority Outcome & Indicator	Priority Population	Person/ Agency Responsible	Timeline
<p>Year 1: #1 Continue to implement the Share Our Strength's Cooking Matters program to eligible adults and families through OWU.</p> <p>#2 Begin to implement the Cooking for Wellness program to adults and families through Cancer Support Community Central Ohio.</p> <p>#3 Work with at least one new organization, specifically outside of Delaware City, such as a senior center or community center.</p> <p>#4 Work with at least one new organization, specifically outside of Delaware City, such as a senior center or community center.</p> <p>#5 Measure knowledge gained, and skills utilized through evaluations.</p>	<p align="center">Strategy Objective:</p> <p>By 12/31/22 implement an intervention in Ashley, Sunbury, Ostrander and Lewis Center to effect healthy eating practices and weight status in populations with disparities.</p> <p align="center">Cross-Cutting Outcomes:</p> <ol style="list-style-type: none"> Increase adult fruit/vegetable consumption Increase youth fruit/vegetable consumption Increase child fruit/vegetable consumption <p align="center">Cross-Cutting Indicators:</p> <ol style="list-style-type: none"> Percent of adults who consumed whole fruit/vegetables less than one time daily Percent of youth who consumed whole fruit/vegetables less than one time daily Percent of children who consumed whole fruit/vegetables less than one time daily 	<p align="center">Adult, youth and child</p>	<p align="center">Ohio Wesleyan University (Lead)</p> <p align="center">Cancer Support Community Central Ohio</p> <p align="center">Tracey Sumner</p>	<p align="center">#1 1/1/19-12/31/19</p> <p align="center">#2-3 8/1/19-12/31/19</p> <p align="center">#4 7/1/19-12/31/19</p> <p align="center">#5 8/1/19-12/31/19</p>
<p>Identified Assets & Resources: OWU, Cancer Support Community Central Ohio, Delaware County Hunger Alliance, SNAP at farmer's markets, school district hospitality programs (DACC), Andrews House – STEP meals, township buildings have kitchens, Grace Clinic waiting room</p>				

