The Partnership for a Healthy Delaware County

March 20, 2019
9:00 – 9:10  Welcome – Co-Chair Chris Fink, Ohio Wesleyan University
  •  Introductions
  •  Approval of Minutes – November 7, 2018 Meeting

9:10 – 9:30  2014-2018 Community Health Improvement Plan
  •  2018 Report/Success Stories (July – Dec.) – Jen Keagy, Delaware General Health District
  •  2014-2018 CHIP Final Outcomes Report – Kelsey Kuhlman, DGHD

9:30 – 9:45  Special Presentation & Celebration


9:55 - 10:15  The Partnership’s Next Steps – Lori Kannally, DGHD
  •  The Partnership Structure
  •  Leadership
  •  Steering Committee
  •  Strategy Teams

10:15 – 10:30  Partner Sharing & Closing – Chris Fink, OWU
  •  Partner Updates
2014-2018
Community Health Improvement Plan (CHIP)

SEMI-ANNUAL PROGRESS REPORT
(July-December 2018)

Partnership Meeting
March 20, 2019

Jen Keagy, MPH, MCHES
Community Health Director
Strategy Completion Status

- 100%
- 75%
- 50%
- 25%
Access to Healthcare & Medications

Strategy Completion Status

☑ Increase the number of Delaware County residents utilizing alternative transportation options for health related trips by 20%.

☑ Implement a pilot project for a virtual or centralized one-stop shop for mobility coordination for Delaware County.

☑ Implement coordinated public health messages related to prenatal care, diabetes care, and access to prescription medications among county service agencies and community partners.

☑ Implement a pilot Mobile Integrated Healthcare / Community Paramedicine program in Delaware County.
Access to Healthcare & Medications

Highlights

• The First in Response Support Team (FIRST), collaboration between Delaware Fire Department and SourcePoint:
  ➢ >55 = ↑3% in total number of unduplicated clients served
  ➢ <55 = ↑140% in total number of unduplicated clients served

• DATABus Paratransit Medical Trips and Demand Response for Medical Transportation:
  ➢ 2014 average = 875
  ➢ 2018 average = 2,116  ↑142%

• SourcePoint Transportation Assistance:
  ➢ 2013 average = 162
  ➢ 2018 average = 577  ↑256%
Alcohol Abuse & Drug Abuse

Strategy Completion Status

- Staff of 10 community/public agencies will be trained in trauma-informed care with 50% of agencies trained completing the pre- and post-test assessment.

- 10% of primary care physicians practicing in Delaware County will implement the SBIRT (Screening, Brief Intervention and Referral to Treatment) screening tool.

- Provide age-appropriate alcohol and other drug education to three populations not currently receiving education through structured and evidence-based programs: 1. Older adults, 2. Incarcerated adults, and 3. Young adults aged 18-34.

- Ensure that naloxone and education on its use are available to all first responder agencies and at-risk community members.
Alcohol Abuse & Drug Abuse, cont.

Strategy Completion Status

☑️ One health care system operating in Delaware County will adopt a system change to reduce prescription drugs dispensed.

☑️ A family-focused, multi-faceted educational campaign on the dangers of prescription drug abuse and heroin use will be implemented.

☑️ Implement one comprehensive educational program on marijuana use to change normative perceptions.
Alcohol Abuse & Drug Abuse

Highlights

• Lives in Need of Connection program at the Delaware County Jail:
  ➢ 134 inmates admitted to program in 2018
  ➢ Reduced recidivism rates from 56.7% to 22%

• Naloxone Kit Distribution:
  ➢ DGHD – 66 kits given to first responder agencies
  ➢ Maryhaven – 37 individuals trained and received kits
    ➢ Train-the-Trainer program for Olentangy School District nurses; 42 kits provided
Environmental Health

Strategy Completion Status

- Implement one social media campaign to increase awareness of littering and graffiti laws.

- 50% of the law enforcement agencies will be trained on Ohio Litter Laws and exhibit a 75% increase in knowledge.

- Implement three volunteer storm sewer labeling programs in Delaware City.

- 100% of traffic congested railroad crossings will have safety improvement plans.
Environmental Health, cont.

Strategy Completion Status

☑ Implement one social media campaign to increase safety at traffic congested railroad crossings.

☑ The number of messages addressing asthma management in high prevalence asthma areas using various venues will increase from 0 to 10.

☑ 50% of the participants will have increased knowledge on energy efficiency and alternative energy.
Environmental Health

Highlights

Keep Delaware County Beautiful
Litter Survey Results 2018
Delaware, Ohio

Average Score

Political Subdivision
Family Support

Strategy Completion Status

☑️ Provide the administration of the Devereux Early Child Assessment (DECA).

☑️ Establish readily-available resources to address mental health issues and make referrals to the appropriate supportive agencies.

☑️ Provide a program designed to build knowledge, skills and capacity among families.

☑️ Convene an afterschool programming subcommittee to decide upon and expand into comprehensive, coordinated strategies and objectives amongst providers and school.

☑️ Provide on-going engagement opportunities both long-term and intermittent which support experiential learning, mentorship, and self-confidence and pro-social activity.
Family Support

Highlights

• Grandparent’s Café at SourcePoint

• Mindfulness Yoga for Middle School Students

• Girl on the Run Heart & Sole program
Food Insecurity

Strategy Completion Status

- Increase by 50% the supply of nutritious food (fruits, vegetables, lean protein, whole grains) to food insecure Delaware County residents.

- 80% of participants will increase their knowledge of nutritional food options after successfully completing the Cooking Matters program.

- Increase by 25% the number of stakeholders involved in the Delaware County Hunger Alliance.

- At least 25% of those clients referred to the Produce Prescription program will follow through and receive food assistance from the pantry.

- Increase the number of Delaware County farmers’ markets that accept SNAP benefits from 0 to 1.
Food Insecurity

Highlights

• Delaware County Hunger Alliance Partners:
  ➢ 1.2 million pounds of food distributed in pantries
  ➢ 37,000 community meals served
  ➢ 15,000 weekend backpacks distributed
  ➢ 1,000 farmer’s market vouchers given to seniors

• Cooking Matters pop-up food demonstration at First Friday
Mental Health

Strategy Completion Status

✔ Implement at least 10 Mental Health First Aid and/or NAMI presentations/trainings to the community.

✔ a) Increase by two the number of Signs of Distress trainings offered to the community. b) Maintain the number of school buildings receiving Signs of Suicide training.

✔ Implement community-wide campaign to promote positive mental health.

✔ Increase the number of PCP offices that screen for depression (from baseline to be determined).

✔ Evaluate the feasibility of implementing age-appropriate mental health screenings within the local school districts for preschool and elementary age students.
Mental Health, cont.

Strategy Completion Status

☑ Refer a minimum of 50% of clients annually who receive screenings for suicidal ideation at local hospital emergency rooms.

☑ Increase annually the number (to be determined) of referred suicidal clients who enter into public behavioral health treatment services.

☑ Maintain the number of school buildings implementing anti-bullying curriculums.

☑ Implement community-wide anti-bullying social media campaign.
Mental Health

Highlights

• 36 school buildings received the Signs of Suicide programming conducted by HelpLine in 2018.

• Anti-bullying programming in the schools (2018-2019 school year):
  - **Too Good for Violence** = 6 elementary
  - **Too Good for Drugs** = 6 elementary, 4 MS, 1 HS
  - **Safe Dates** = 6 MS
  - **Love All That & More** = 1 HS
  - **Boys & Girls Empowerment** = 2 groups
  - **Thank Goodness I Am Female** = 2 schools
Obesity/Overweight

Strategy Completion Status

- Implement a complete streets policy to enhance physical activity.

- Implement one campaign to educate Delaware County residents on healthier eating and physical activity.

- Implement policy and/or environmental changes in three Delaware County worksites to increase access to fruits and vegetables.

- Increase the number of food service operations participating in DGHD on the Menu from 8 to 13.

- Four local school systems will implement shared use agreements to allow use of school property and equipment by all residents of Delaware County.

- Implement two evidence-based behavior weight management programs for Delaware County families.
Obesity/Overweight

Highlights

• 5321AN Campaign:
  ➢ Averaged 66 outreach events per year
  ➢ Reached an average of 4,000 people per year
  ➢ Facebook postings reached an average of 30,000 people per year

• DGHD on the Menu reached 13 local food operators.
Congratulations!

DELAWARE COUNTY

2019

HEALTHIEST COUNTY
IN STATE OF OHIO
Delaware County
Community Health Improvement Plan
2014-2018

Final Outcomes
It's Time to CELEBRATE
The Partnership Structure

- Leadership: 2 Co-chairs
- Steering Committee: Co-Chairs, Partnership Coord., Chair & DGHD staff Lead from each priority, Epidemiologist
- Strategy Teams: Lead Agency, DGHD staff member for support, Work Team
The Partnership Co-Chairs

- Community Partner
- Finalize the agenda
- Run the meetings
- Member of Steering Committee
The Partnership Steering Committee

• Serve as advisory group
• Oversee CHA & CHIP development
• Recommend agenda items
• Review targets and movement
• Identify gaps & resources
• Recommend partner communications
• Promote The Partnership’s work
• Meet quarterly via phone or person
The Partnership Strategy Teams

• Addresses individual strategies
• Chaired by community lead agency
• Comprised of Experts
• Has a DGHD Support Staff
• Responsible for strategy progress
Partnership Sharing
THANK YOU!!!
for making Delaware County a community where we work together to provide opportunities for complete health and well-being!
Welcome – Co-Chair Chris Fink called the meeting to order at 9:05 am.

Introductions—Members in attendance stated their names and parent agencies for the record (see above for member attendance).

Approval of Minutes – Chris asked The Partnership to review the minutes if they had not done so already.

- Chris then asked for any additions or corrections to the minutes as written. No recommendations for changes were requested. Angie Santangelo (Cancer Support Community) made a motion that the November 7, 2018 Partnership Meeting Minutes be approved as written, Michelle Price (Helpline) seconded her motion, and the motion passed with unanimous approval.

2014-2018 Community Health Improvement Plan

  See attached slides for presentation.

  See attached Final Outcomes Summary Newsletter.

Special Presentation & Celebration

- Kelsey transitioned out of her presentation with Kool & the Gang’s Celebration to Lori Kannally (DGHD). Lori invited the group to share in cake to further celebrate the accomplishments of the 14-18 CHIP.

- Chris Fink presented a plaque on behalf of The Partnership to Susan Hanson (Helpline) in acknowledgement for her service as co-chair of The Partnership during the 2014-2018 CHIP cycle. The plaque honored her: “For outstanding contribution to The Partnership for a Healthy Delaware County and dedication to enhancing health in Delaware County—2014-2018 Community Health Improvement Plan—Partnership Co-chair.” Susan was unable to be in attendance for the meeting and will not be accepting nominations to repeat as co-chair because of obligations with Helpline. Lori Kannally then in-turn surprised Chris with a duplicate plaque and acknowledgement of his own, in recognition of his service as co-chair of The Partnership.


- Kelsey gave a recap of the process that Partnership members used to create the new CHIP.
She reviewed a survey that reflected the members’ experience with the process. Responses were overwhelmingly positive and showed that both the process and the proper community stakeholders were being included. Kelsey shared that one of the goals of this process is to keep it as open and transparent as possible.

**The Partnership’s Next Steps** – Lori Kannally, DGHD

- **The Partnership Structure**
  
  Lori shared a diagram (see attached) that reflected an option for The Partnership structure that would improve efficiency based on the design of the new 19-22 CHIP. She explained how the change in structure would allow members to utilize their meeting attendance time more efficiently by narrowing the focus of meetings to specific strategy teams. Lori asked if anyone needed clarification or had any questions. *Fara Waugh (SourcePoint) motioned to adopt The Partnership structure as shown and explained, Shelia Hiddleson (DGHD) seconded the motion, none opposed, the motion carried, and the structure was adopted.*

- **Leadership/ Steering Committee**
  
  Lori explained that with the start of a new CHIP it is time to hold elections for Partnership Co-chairs. She reminded everyone that Susan Hanson will not be accepting a nomination for re-election for this new CHIP. Lori called for suggestions for member nominations for Co-chair, explaining that since not every Partnership member was in attendance, she would be taking further suggestions and nominations via email. Suggestions were taken for nominations to the ballot to serve as Co-chair of The Partnership. Suggestions were made for:

  - *Chris Fink (OWU), Fara Waugh (SourcePoint), Brandon Feller (United Way of Delaware County), and Tony Benishek (Preservation Parks of Delaware County)*

  Lori explained she hoped to have the nominations and subsequent voting completed for the next Partnership meeting scheduled June 19, 2019.

- **Strategy Teams**
  
  Lori shared and explained the CHIP Strategy Interest Survey (see attached) that lists the different strategies that have been identified as part of the new CHIP. She went through the different strategies and the corresponding community lead and DGHD staff member. She explained that DGHD is trying to gauge interest for member agencies’ involvement on strategy teams. She asked for members to indicate which strategies they are interested in working on, if they know of other agencies that might be interested in participating, and to share contact information for staff who may be willing to assist if those folks are different from those completing the form.

**Partner Sharing & Closing** – Chris Fink, OWU

**Partner Updates:**

- **Julie Krupp (DCSO)**
  
  - Shared that the Marijuana Subcommittee is currently surveying the community and is inviting the partners to take the survey. The goal of the survey is to determine future planning and direction for developing the future goals of the taskforce.

- **Rhonda Milner (Maryhaven)**
  
  - Announced that Maryhaven is giving an Open House April 11th from 4:30-6:30 pm. All are invited to come and learn more about what they do and what services they offer.
Karriejoi Coit (SWCI)

- Shared that in recognition of April as Minority Health Month, SWCI (Second Ward Community Initiative) will be offering a workshop provided by a Pharmacist on their board. It will be a review of medications through an RX.edu training.

Kelsey Kuhlman (DGHD)

- DGHD wants to acknowledge a special thank you to Michelle Price with Helpline. Michelle has accepted another position with the state and will be leaving Helpline at the end of the week. Kelsey wanted to personally thank Michelle for her work in teaching her about mental health, suicide prevention, suicide ideology, and for her work with The Partnership. Kelsey noted that Michelle will be missed.
- Kelsey also provided an update on the upcoming Youth Risk Behavior Survey (YRBS). Kelsey noted the strength of the health assessments within the county as well as the strong cycle for assessment that has been established within the county. The next YRBS assessment is planned to be administered in September. She shared that with the cooperation of the four public school districts within the county, the assessment will include some new questions about sexuality that have in the past not been able to be addressed. She wanted to thank The Partnership’s school district partners for all of their work on this assessment.

Amy Schossler (SourcePoint)

- Shared SourcePoint’s excitement with the Age-Friendly Assessment. She said that SourcePoint is excited to share the findings of the assessment and wants to extend a thank you to anyone that contributed to this process from The Partnership. The data release will happen on May 8th in collaboration with the Delaware General Health District.

Shelia Hiddleson (DGHD)

- Acknowledged the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute’s newly released 2019 rankings, naming Delaware the healthiest county in Ohio. She shared that she sees a direct correlation not just to the health department, but to the many community contributors that make up The Partnership. She wants to acknowledge all The Partnership’s efforts and commitment to the CHIP process and to recognize that their efforts have a great impact toward the health in Delaware County. She thanked everyone in The Partnership for all their contributions and encouraged everyone to carpool (one of the only areas where Delaware ranked poorly)!

Lori Kannally (DGHD)

- Our Delaware Area Transit Agency (DATA) partner would like more feedback on the data collected during the CHIP development process as to why transportation questions in one of the surveys were answered in the way that they were. Development of that survey is still in the works; please watch for the survey to come out in the near future and be sure to contribute.
- Also, she thanked Nationwide Children’s Hospital for noting the CHIP and their contributions to the CHIP and The Partnership on its website. Lori is excited that this information is being shared out into the community.
Emily Baugher (DGHD)
  • Noted that the strategy team that she leads on Pre-diabetes Awareness will be meeting in this room immediately following the regular Partnership meeting. If anyone is interested in being involved in that strategy team, please be sure to stay for that meeting if you are available.

Chris Fink (OWU) noted that the next scheduled Partnership meeting is June 19th at 9:00 am. Please watch your email for suggestions for nominations and voting for the Partnership Co-chairs for the 2019-2022 CHIP.

Lori Kannally (DGHD) reminded everyone to turn in their Strategy Team Interest Surveys before leaving the meeting. The meeting concluded at 10:30 am.
Delaware County Community Health Improvement Plan 2014-2018

Final Outcomes

ACCESS TO CARE

Launch of the Delaware County Mobility Management
Management Website www.delawaremobility.com

Mission: To meet the transportation needs of all residents of Delaware County—with specific emphasis on the needs of the ADA, senior citizen communities and mobility challenged residents; to provide them with a means of transportation that increases their level of self-sufficiency and expands the scope of their mobility.

• Delaware Area Transit Agency (DATA) usage increased the number of Delaware County residents utilizing alternative transportation by 142%. Average trips increased from 875 trips in 2014 to 2,116 in 2018.
• SourcePoint increased the number of Delaware County residents receiving transportation assistance by 256%, from an average of 162 clients in 2013 to 577 in 2018.

Community Paramedicine
In June 2015, legislation was passed that removed the word “emergency” from the description of medical care that paramedics could provide.

Programming Developed
The Delaware Fire Department and SourcePoint collaborated to develop and implement the First In Residence Support Team (FIRST) to serve individuals 55 years and older. The program has since expanded to serve individuals under 55 who are in need.

• FIRST is a service of the fire department designed to resolve non-emergency calls for assistance by identifying and implementing the proper resources needed
• FIRST works to link clients to available community resources and volunteers to help them live safely in their own home and stay healthy as they age
• to date, FIRST has served over 700 individuals 55+
• service to individuals under 55 increased by 140%, from 43 individuals in 2017 to 103 in 2018

ALCOHOL & DRUG ABUSE

Alcohol & Drug Use Statistics
Despite the efforts being made, the binge drinking rates continue to climb. This issue has been identified and will be a focus of strategies for the 2019-2022 CHIP. Overall drug usage/abuse has improved since the start of the 2014-2018 CHIP.

• Binge-drinking among adults 19% in 2013 up to 22% in 2017
• Heroin use by high school-aged youth dropped 3% overall, to less than 1% of this age group in 2017
• Marijuana use by high school-aged youth dropped from 17.7% to 9% of this age group in 2017; the overall number who have ever tried Marijuana in this age-group dropped from 28.7% to 17%
• number of annual opiate and pain reliever doses dispensed per patient decreased from 510.9 to 463.8 doses per patient

Strides made toward Trauma Informed Care (TIC)
(TIC) Training was held in July 2015 for 40 attendees, representing 18 agencies. Four years later, six agencies had implemented TIC practices at their worksites.

Screening, Brief Intervention and Referral to Treatment (SBIRT)
For over two years, work has been ongoing with a major healthcare system that resulted in the receipt of $60,000 from Ohio Department of Health to pilot the Screening, Brief Intervention and Referral to Treatment (SBIRT) model in Delaware County. SBIRT is used to assess those at mid to high risk for substance use disorders. SBIRT process training by a national trainer was provided February 2019, with five sites committed to implementing in April 2019.

Substance Abuse Education
Programs were developed for under-serviced populations, such as older and incarcerated adults. Drug-Free Delaware worked with SourcePoint to provide Project WISE for older adults beginning in 2015 through 2018. The Delaware County Sherriff’s Office worked with behavioral health experts to develop programming for incarcerated adults including:

• naltrexone/Vivitrol program
• Father Factor
• Recovery / Re-entry program

Directly Impacting Delaware County Residents
When FIRST expanded their services to individuals under 55 in mid-2017, Jane had already made 24 emergency calls to DFD EMS that year. To resolve this issue and make sure the DFD EMS was available for true-emergency calls, FIRST stepped in to help. They began working with Jane to build a relationship and identify what needs lead Jane to call. FIRST found that Jane had no family doctor because she was verbally abusive and failed to show up for appointments. As a result, any medical need lead Jane to make an emergency call. The FIRST Service Coordinator made a connection to the Delaware County Board of Developmental Disabilities to assist Jane. Together, a plan was developed, and a goal was set for Jane to make it three weeks with no EMS calls. When Jane met her goal, she received a reward. After three weeks and no calls, Jane was so excited, that she believed she could go another month with no calls. Since that time, Jane has called DFD EMS twice in a two-month time frame; however, these calls were for emergency medical conditions that could not wait. As work continues with all the agencies, Jane has been linked to a provider to assist her in becoming socially involved. This has been a great accomplishment for Jane, of which she is very proud.
Naloxone and Naloxone education made available
- Maryhaven and DGHK now provide Naloxone distribution/education programs
- by the end of 2018 all EMS and law enforcement should carry Naloxone

Education program to be developed, in response of legalization of Marijuana
After House Bill 523 (effective on September 8, 2016) legalized medical marijuana in Ohio, a Marijuana Task Force was formed to develop a comprehensive education program on marijuana facts for parents and schools. This task force continues to meet.

ENVIRONMENTAL HEALTH

Litter and Recycling
An anti-littering, pro-recycling social media campaign was presented on the DGHK Facebook page, resulting in 390 hits.
Twenty-two law enforcement agencies attended a one-day workshop sponsored by Keep Ohio Beautiful on the enforcement of the Ohio litter laws.

Delaware City worked with Delaware County Soil and Water Conservation District to arrange for 3 volunteer storm water drain labeling programs with 67 volunteers that resulted in 189 drains labeled in Delaware City.

Railroad Safety
Delaware County Railroad Safety Task Force created a Facebook page. An Operation Lifesaver safety campaign was created and included the following messages:
- See Tracks, Think Train, Stay Off Stay Away
- I Keep My Selfies Off the Tracks
- Look, Listen, Live
All three traffic congested railroad crossings in Delaware County had safety features installed to prevent motorists from stopping or queuing on the tracks during rush hours. Those three tracks are located at Glenn Road, Shoemaker Road, and Olentangy Street in Powell. This image highlights the stop light safety feature installed in Powell to prevent motorist from queuing on the tracks during rush hours.

County Recognition
In honor of National Rail Safety Week, the Delaware County Railroad Safety Task Force was recognized with a proclamation by the Delaware County Commissioners at their September 18, 2017 meeting, for their efforts to provide railroad crossing safety information to our residents and to improve safety devices at railroad grade crossings. The Task Force was formed by the Delaware County Commissioners in 1998 and has facilitated the improvement of safety devices at all of Delaware County’s 64 grade-crossings.

FAMILY SUPPORT

Partnership Established
In 2016, the United Way of Delaware County secured a partnership with Delaware City Schools’ Willis Education Center to house their Strengthening Families Initiative for Delaware County families. The SF Initiative focuses on behavioral, social, and emotional development opportunities for children and families. In cooperation with Action for Children the Childcare Developmental Associate-Paraprofessional Credential (CDA) is now offer at SF.
- 135 hours of CDA classes offered
- 31 people registered with 26 completing the course

Toy Library Launch
This toy lending library provides opportunities for families and education providers to engage with toys and games centered around:
- fine motor skills
- sensory
- vocal recognition
- balance
- STEM education
- dramatic play

At the end of 2018, 136 families were enrolled with 38 visiting more than 3 times in 12 months. Special play groups led by Delaware Speech and Hearing began that teach parents how to promote speech and language through play in the home.

Born Learning Trails (BLT)
Trails were installed in various parks throughout the county. BLTs are a series of 10 interactive signs that offer fun, active learning activities for young children and their families. It helps parents, caregivers and communities create quality engagement opportunities when out on a stroll or visiting a local playground.

Born Learning Trail Locations:
- Blue Limestone Park
- Veteran’s Park at the YMCA
- Genoa Township
- Berkshire Township
- Buckeye Valley Middle School
- Glen Oak Park

Supplies for Scholars
Events were held at 5 locations, provided a shopping spree experience to fill a backpack with grade-appropriate school supplies. These supplies help to maximize academic potential for students ranging from Kindergarten through 12th grade.
- 2018 provided over 2,000 children with school supplies
Afterschool Programming:
- drop-in Teen Room
- open gym
- spring & summer break programming
- Big Brothers/Big Sisters
- Girl Scouts
- STEM Lab
- Dungeons & Dragons
- Anime Club
- Girls on the Run
- Mindfulness Yoga

Grandparents’ Cafe
The Grandparents Cafe program offered at SourcePoint provides a forum for guided, small-group discussions on pertinent topics related to role of being the responsible caregiver for a grandchild.

Syntero Care. Counsel. Support

Syntero offers Drop-in Mental Health Services and 4-Part Parenting Class through a grant funded by Nationwide Children’s Hospital

Grace Clinic offers a monthly Mini Clinic where they can evaluate, diagnose and treat common infections in addition to well child and sports physicals.

Delaware County families with preschoolers attended Make It, Take It events during the holiday season. The children participated in crafts and songs led by a Speech Language Pathologist from Delaware Speech and Hearing Center. In addition to offering families a fun and free activity, the Speech Language Pathologist worked to provide language input alongside the opportunity for families to find community.

FOOD INSECURITY

Delaware County Hunger Alliance (DCHA) Impact
- 28-member agencies have joined DCHA
- 75% increase in the number of agencies being active in food insecurity
- distributed over 6.5 million pounds of food
- served approximately 143,200 meals to residents who are food insecure
- opened 2 new pantries in Delaware City
- established 5 mobile food pantries to reach remote or underserved areas of Delaware County

2016 Food Pantry Client Survey
- 94% of the respondents indicated that they consume all or most of the fresh produced that they obtain
- 82% rated their experience as one of the best
- 85% said that they always feel welcomed at the pantries

Partnership for SNAP Compatibility
Thanks to the work of the Andrews House, Delaware County Hunger Alliance, and DGHD, the downtown Delaware Farmer’s Market accepted SNAP Benefits for the first time in 2018.

Prescription Produce Program
A partnership was developed between Grace Clinic and Helpline to refer patients to participating food pantries. 90% of the prescriptions for fresh produce were filled in the first year of the program.

Ohio Wesleyan University’s Cooking Matters Program
- reached over 1,800 food insecure residents
- provided instruction on how to cook nutritious meals for their families on a budget

Cooking Matters Pop-up Food Demonstrations
OWU Students provided off-campus demonstrations to increase awareness about how to prepare a nutritious meal on a budget:
- People in Need produce market days
- Downtown Delaware’s First Friday events
- Grace Clinic

Delaware Rotary’s Taste of Downtown Delaware
- raised over $20,000 in a 2-year period with the proceeds donated to the DCHA

Delaware County Farm Bureau Benefit in the Barn
- raised approximately $110,000 in 3 years for the DCHA to support their efforts in assisting those who are food insecure
- in 2018, Union County Farm Bureau joined the efforts, increasing attendance at the event to well over 800

GIS Map of Food Resources
A map was created that identifies locations in Delaware County for community meals, pantry services, and available grocery stores

20-minute Video was Developed by the DCHA
- creates awareness of food insecurity in Delaware County
- premier showing at the Strand Theater with over 60 stakeholders in attendance
MENTAL HEALTH

Suicidal Screening & Referral
Helpline received a grant from SAMHSA (Substance Abuse and Mental Health Services Administration) to evaluate the county’s suicidal ideation and mental health referral process over a 3 year period. Helpline’s Hotline Specialists worked with Central Ohio Mental Health (until COMH closed in 2017) to track adults who screened positive for suicidal ideation, to determine if those adults who were referred for mental health counseling, completed their initial mental health appointment.

SAMHSA Grant Data:
- 585 adults were screened via Grady Hospital ER, released from psychiatric hospitalization, screened at the jail or called on the suicide hotline
- 274 identified adults were either referred to COMH for counseling as a new client, completed an initial intake appointment, or were already in the system as a client
- 15,340 minutes (255+ hours) of counseling were provided to those adults via the suicide hotline

Continued Support
Delaware-Morrow Mental Health Recovery Services Board continued to support Helpline’s ongoing suicide outreach services once the SAMHSA grant period ended.

Youth Mental Health Statistics
- high school students reporting feeling sad and/or hopeless for 2 or more weeks in a row went from 22.9% in 2013 & 2014 up to 24% in 2016-2017 school year
- almost half (47.5%) of middle school students surveyed during 2013 & 2014 reported being bullied on school property, with numbers remaining high (30%) during 16-17 school year
- almost a quarter (23.5%) of high school students surveyed during 2013 & 2014 reported being bullied on school property, with numbers remaining stable (22%) during 16-17 school year

Improved Data Collection
During 2016-2017, great strides were made with community agencies and public-school districts to improve the collection of student health data. During that timeframe, the local Youth Risk Behavior Survey reached a total of 10,784 students across four public school districts.

Bullying Prevention Campaign
In fall of 2017, in honor of National Bullying Prevention month, educational resources were provided to local school districts highlighting Helpline’s FREE text services:
- educational postcards for parents & school districts were distributed at countywide events showcasing the bullying issue
- middle and high school public school buildings (16 in total) were provided posters promoting Helpline’s FREE text services
- 2 week Facebook campaign reached a total of 14,091 Delaware and/or Morrow county residents

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OBESITY/OVERWEIGHT

Overweight/ Obesity Statistics
Despite efforts, the rates continue to increase for Delaware County Adults that are overweight/ obese:
- 57% in 2007
- 61% in 2013
- 65% in 2017
State and national levels are also on the rise:
- 2016 Ohio statewide average was 67%
- 2017 CDC national average was 71%

Social Marketing Campaign Launched
Every Day Choose. 5321AlmostNone
Between April 2016 and December 2018, the campaign was implemented by DGHD and 25 community organization/ agency partners to influence Delaware County families to eat healthier and be more physically active. The mini-campaign, Choose a Fast 500, a direct spin-off from the campaign’s 3 Healthy Meals, Less Fast Food behavior continues today. 5321AN annual campaign facts:
- averaged 66 events
- reached 4,242 people
- distributed healthy promotional items: bags, refrigerator magnets, education handouts, portion plates, water bottles and happy sacks
- Facebook ads and postings reached an average of 30,200 people

Increase in Average Vegetable and Fruit Intake
Every Day Choose.

Delaware County adults increased their average daily servings of fruit and vegetables beyond the recommended “5-A-Day” to almost 6 servings per day. There was a 100% increase in the daily servings of vegetables, up from 2.1 to 3.1 servings per day. Delaware County has 48% of its residents eating 3-4 servings of either fruits or vegetables on an average day.

More Engagement Needed: Adult Physical Activity
Although 86% of adults surveyed reported that they were either trying to lose weight or not gain weight, only 47% reported being physically active for 4 or more days in a typical week.

DGHD and its partners recognize the need for more public engagement in daily physical activity and have identified this as a 2019-2022 CHIP Strategy.

Assisted Local Food Operators to Develop Healthier Menus
The DGHD On the Menu Program was coordinated through the DGHD Food Unit and a public health dietitian to engage 13 local food operators in improving the health of their menu items.

Programs Created for Delaware County Families
Delaware County YMCAs implemented programing to improve health/ obesity on an individual level:
- Adult Diabetes-prevention Program, key goal is weight loss
- Healthy Weight and Your Child, youth-based program that attempts to engage the entire family

Suicide, Violence & Drug Prevention Curriculum Highlight
During the 2017/2018 school year, Helpline and Recovery Prevention Resources Prevention Educators reached the following schools with their prevention curriculums:
- Too Good for Violence - 19 schools (Violence & Drug Prevention)
- Too Good for Drugs - 12 schools (Violence & Drug Prevention)
- Safe Dates - 7 schools (Violence Prevention)
- Love All That & More - 2 schools (Violence Prevention)
- Boys & Girls Empowerment Clubs - 5 schools (Violence Prevention)
- Thank God I'm Female - 3 schools (Violence Prevention)
- Signs of Suicide - 14 schools (Suicide Prevention)
The Partnership for a Healthy Delaware County

**STEERING COMMITTEE**

**TWO CO-CHAIRS**

**PARTNERSHIP COORDINATOR EPIDEMIOLOGIST**

**CHAIR DGHD STAFF**

**MENTAL HEALTH & ADDICTION PRIORITY**

**CHAIR DGHD STAFF**

**CROSS-CUTTING FACTORS**

**CHAIR DGHD STAFF**

**CHRONIC DISEASE PRIORITY**

**12 STRATEGY TEAMS**

**SIX STRATEGY TEAMS**

**FOUR STRATEGY TEAMS**
Partnership Member Information

Name: ____________________________________________ Agency: ____________________________________________

Email: ____________________________________________ Phone: ________________________________

Please indicate the level of your agency’s interest in the following CHIP Strategies:

Yes, this strategy is relevant to my agency and/or we are interested in contributing*

–OR–

No, this strategy is not relevant to my agency

*Please note: if you are recommending someone else from your agency, please share their name and contact information on this page as well. Thank you!

Mental Health

1. Implement community-based education to promote positive mental health (Lead: DMMHRSB)
   □ Yes □ No
2. Implement universal school-based suicide awareness and education programs (Lead: HelpLine)
   □ Yes □ No
3. Research the use of technology to deliver mental health services (Suicide crisis hotlines and cell-phone based support programs) (Lead: DMMHRSB)
   □ Yes □ No
4. Improve mental health and substance abuse referral process (Lead: DMMHRSB)
   □ Yes □ No
5. Screen for clinical depression for all patients 12 or older using a standardized tool (Lead: DMMHRSB)
   □ Yes □ No
6. Evaluate school district implementation of community-based prevention programming that supports PBIS (Positive Behavioral Interventions & Supports) (School-based violence prevention programs) (Lead: HelpLine)
   □ Yes □ No

Addiction

1. Expand screening, brief intervention and referral to treatment model (Lead: DMMHRSB)
   □ Yes □ No
2. Expand community-based comprehensive program(s) to reduce alcohol abuse (Lead: Drug-Free Delaware)
   □ Yes □ No
3. Evaluate school district implementation of community-based prevention programming that supports PBIS (Positive Behavioral Interventions & Supports) (School-based alcohol / other drug prevention programs) (Lead: HelpLine)
   □ Yes □ No
4. Increase community awareness and education of risky behaviors and substance abuse issues and trends (Lead: DGHD)
   □ Yes □ No
5. Increase safe disposal of prescription drugs (Lead: Drug-Free Delaware)
   □ Yes □ No
6. Increase policies to decrease availability of tobacco products (Lead: Tobacco-Free Delaware County Coalition)
   □ Yes □ No
Chronic Disease

1. Develop partnership-based healthy lifestyle programming (Lead: Cancer Support Community)
   □ Yes □ No

2. Increase awareness of prediabetes (Prediabetes Risk Assessment) (Lead: Grace Clinic)
   □ Yes □ No

3. Create a county-wide physical activity collaboration (Community-wide physical activity campaigns)
   (Lead: Preservation Parks of Delaware County)
   □ Yes □ No

4. Research chronic pain management best-practices (Lead: DGHD)
   □ Yes □ No

Cross Cutting Factors—All CHIP Priority Areas

1. Increase the amount of affordable housing required with new development and throughout the county
   (Lead: United Way)
   □ Yes □ No

2. Provided cultural competency training for healthcare professionals (Lead: DGHD)
   □ Yes □ No

3. Increase transportation opportunities and awareness (Lead: DATA)
   □ Yes □ No

4. Support trauma-informed healthcare (Lead: DMMHRSB)
   □ Yes □ No

5. Adopt healthy food initiatives (Lead: Delaware Hunger Alliance)
   □ Yes □ No

6. Promote healthy eating practices through education and skill building (Lead: Ohio Wesleyan University)
   □ Yes □ No

Other Agency Member Information

Name: ___________________________________________ Agency: _______________________________________

Email: ___________________________________________ Phone: _______________________________________

Strategy: __________________________________________________________________________________

Name: ___________________________________________ Agency: _______________________________________

Email: ___________________________________________ Phone: _______________________________________

Strategy: __________________________________________________________________________________