

2017 DELAWARE COUNTY ADULT SURVEY FINDINGS



HEALTH CARE ACCESS

- 5% of adults were uninsured, increasing to 12% of those with incomes less than \$50,000
- Cost or no insurance was a barrier for 11% of adults who did not get medical care in the past year
- Over the past decade, there has been a 10% reduction in women receiving preventative screenings including clinical breast exams, mammograms, and Pap smears



HEALTH BEHAVIORS

- 3 out of every 100 adults considered attempting suicide in the past year
- 23% of adults indicated that their mental health was not good on 4+ days in past month
- 69% of adults had at least one alcoholic drink in the past month compared to 53% for Ohio and 54% for the U.S.
- 22% of all adults were binge drinkers (drank 5 or more drinks for males and 4 or more for females on an occasion) compared to 18% for Ohio and 17% for the U.S.
- 65% of adults were either overweight or obese
- 16% of adult current smokers have an income less than \$50,000
- Mental health was considered not good for an average of 3.5 days each month
- 8 out of every 100 adults felt sad or hopeless almost every day for 2 or more weeks in a row in the past year
- 10% of adults were forced or coerced to have sexual activity when they did not want to, increasing to 17% of females



CHRONIC DISEASE

- Over the past decade, there has been a 7% increase in adults who have high blood pressure and high cholesterol
- 29% of adults have been diagnosed with arthritis, increasing to 66% of those over the age of 65
- 11% of adults have been diagnosed with cancer, increasing to 35% of those over the age of 65
- 7% of adults have been diagnosed with diabetes; of those adults, 15% of them have an income less than \$50,000



SOCIAL CONDITIONS

- 7 out of 100 adults needed help meeting their general daily needs such as food, clothing, shelter or paying utility bills in the past 30 days
- 7% of adults experienced four or more Adverse Childhood Experiences (ACEs)
 - Their parents became separated or were divorced (20%)
 - Lived with someone who was a problem drinker or alcoholic (16%)
 - A parent or adult in their home swore at, insulted or put them down (16%)
 - Lived with someone who was depressed, mentally ill or suicidal (13%)
- 8% of adults who experienced 4 or more ACEs contemplated suicide, compared to 1% of those who did not experience any ACEs
- 11% of adults who experienced 4 or more ACEs misused prescription drugs, compared to 5% of those who did not experience any ACEs
- 38% of adults kept a firearm in or around their home and 6% reported they were unlocked or loaded

2017 DELAWARE COUNTY ADULT SURVEY

FUNDERS

- Delaware General Health District, United Way of Delaware County, OhioHealth Grady Memorial Hospital

EVALUATOR

- The Hospital Council of Northwest Ohio

POPULATION SURVEYED

- Adults ages 19 and older who live in Delaware County
 - 57% males and 43% females

SURVEY DESIGN

- Survey instrument designed with input from The Partnership and the pilot tested
- 112 questions with most survey items from Behavioral Risk Factor Surveillance System (BRFSS) designed by the Centers for Disease Control and Prevention (CDC)

PROCEDURE

- 1,200 advance letters were mailed to adults in the fall of 2017, followed by a 3-wave mailing to maximize the survey return rate
- A \$2 incentive was provided one time for those adults who were randomly selected to receive the written anonymous survey

RESPONSE RATES

- 405 adults completed the survey for a 37% response rate
- Confidence interval = ± 4.86 which means that the responses for this assessment are representative of the entire county

LIMITATIONS

- Although several questions were asked using the same wording as the BRFSS survey, the data collection method differed (telephone vs. mail survey)
- Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey

Full survey located at DelawareHealth.org