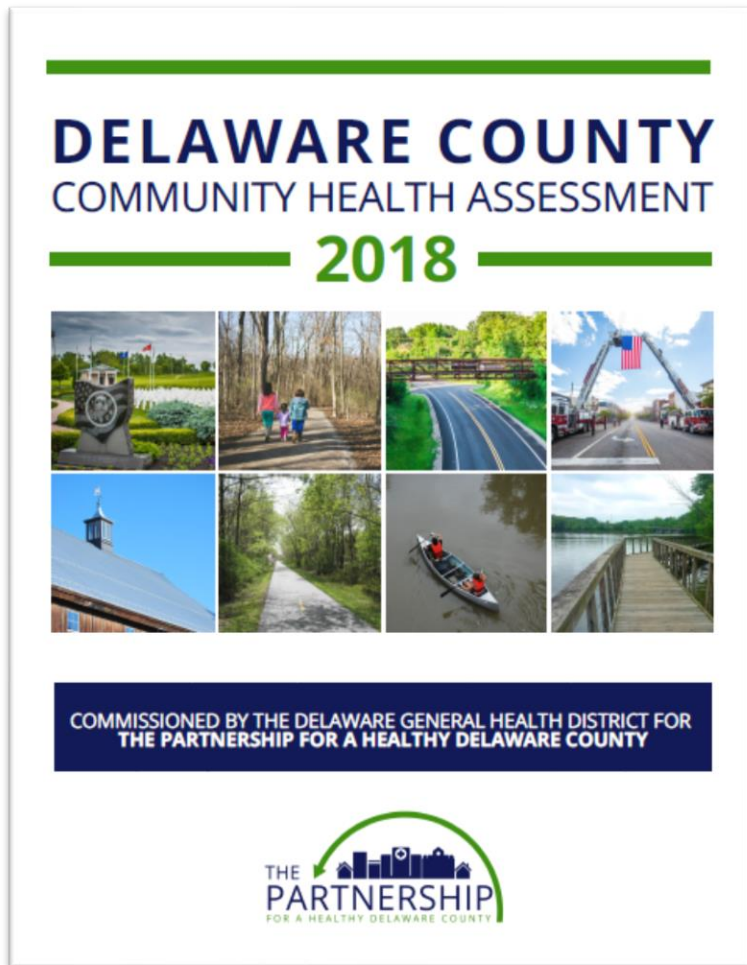


2019-2022 Delaware County Community Health Improvement Plan (CHIP)



Delaware County CHIP Meeting #3

August 7th, 2018

CHIP Planning Timeline

- In the next 4 meetings, we will complete the following planning steps:
 - **Meeting 1:**
 - Choose priorities
 - Rank priorities
 - Quality of life survey
 - **Meeting 2:**
 - LPHSA
 - Community themes & strengths
 - Forces of change
 - **Meeting 3:**
 - Break out groups by priority
 - Analyze action steps and determine gaps/strategies
 - **Meeting 4:**
 - Draft report
 - Break out groups by priority to discuss action steps

Packet

Previous meeting documents:

- Ranking worksheet
- Community themes and strengths assessment
- Forces of change assessment

Packet

Today's meeting documents:

- Gaps and strategies worksheet

Reference materials:

- HCNO strategies
- 2018 CHIP annual report
- SHIP alignment

Break out groups

- **Chronic Disease**
- **Mental Health and Addiction**
- **Cross-cutting**

Example

Priority: Mental Health & Addiction (adult and youth depression, adult and youth suicide, youth and child bullying, adult and youth alcohol consumption, adult and youth tobacco, adult and youth opiate use)

Previous CHIP Strategies	Topic Area:	SHIP Alignment?	Gaps:	Potential Strategies:
1. 10% of primary care physicians practicing in Delaware County will implement SBIRT screening tool	Alcohol/drug use	✓		
2. Provide age appropriate alcohol and other drug education to three populations not currently receiving education through structured and evidence-based programs (older adults, incarcerated adults, young adults)	Alcohol/drug use	✓		
3. Ensure that naloxone and education on its use are available to all first responder agencies and at-risk community members	Drug use	✓		

Example

Priority: Mental Health & Addiction (adult and youth depression, adult and youth suicide, adult and child bullying, adult and youth alcohol consumption, adult and youth tobacco, adult and youth opiate use)

Gaps:	Potential Strategies:

Gaps and Potential Strategies

Chronic Disease Gaps	Potential Strategies
1. Healthy eating on a budget	<ul style="list-style-type: none"> Promote health and wellness education in non-traditional areas (i.e. car repair shops). Consider developing and/or utilizing a smart app to help with meal planning on a budget.
2. Lack of opportunities for families to be active together	<ul style="list-style-type: none"> Consider finding a space within Knox County that could accommodate classes for families.
3. Lack of easy on-the-go recipes	<ul style="list-style-type: none"> Consider developing an app that would provide quick and healthy recipes, as well as instructions on how to prepare them.
4. Nutrition education for all ages	<ul style="list-style-type: none"> Develop a policy to have standardized nutrition education in schools. Work on developing a consistent approach for nutrition education among local agencies and health care providers; also, to help provide support of healthcare providers in addressing nutrition issues among their patients.
5. Lack of accessibility to affordable healthy food choices	<ul style="list-style-type: none"> Consider implementing school-based community gardens throughout school districts. Research the raised bed garden program through Recovery Housing in Union County to possibly implement in Knox County. Work to revive the Knox County Local Food Council. Increase awareness of available community gardens in the county. Consider developing a cooking class to help demonstrate the diverse ways to prepare vegetables grown from community gardens. Consider implementing the Farm-to-School program in local school districts.
6. Lack of awareness of the impact of adverse childhood experiences (ACEs) and available resources	<ul style="list-style-type: none"> Provide more education of what ACEs are and how they impact health to youth, health professional, and parents. Work to increase intervention resources.
7. Lack of cessation resources	<ul style="list-style-type: none"> Increase trainings for individuals to become cessation specialists. Work to offer cessation trainings/programs in local businesses.
8. Lack of affordable recreation and exercise opportunities	<ul style="list-style-type: none"> Consider implementing worksite policies to help encourage more physical activity among employees. Consider adopting Complete Streets policy.
9. Lack of youth tobacco prevention programming within schools	<ul style="list-style-type: none"> Implement school-based tobacco prevention programs to educate youth on the negative effects of tobacco use on their health.

Next Steps

Quality of Life Survey

1. Do you currently live in Delaware County?

- Yes
 No

2. Where do you currently reside?

3. How satisfied or dissatisfied are you with the quality of life in our community? (Consider your sense of safety, well-being, participation in community life and associations, etc.)

Very satisfied Somewhat satisfied Neither satisfied nor dissatisfied Somewhat dissatisfied Very dissatisfied

4. How satisfied or dissatisfied are you with the health care system in the community? (Consider access, cost, availability, quality, options in health care, etc.)

Very satisfied Somewhat satisfied Neither satisfied nor dissatisfied Somewhat dissatisfied Very dissatisfied

OPEN

Delaware County 2018 CHIP Quality of Life Survey

Created: 05/21/2018 | Modified: 08/02/2018

606
Responses

100%
Completion rate

3 mins
Typical time spent

[Surveymonkey.com/r/DelawareCHIP](https://www.surveymonkey.com/r/DelawareCHIP)
Closing date: Monday, August 20th

Next Meeting Agenda

- **Next Meeting:**
 - Thursday, August 30th @ 10:00-2:00 pm
 - Same location
 - Draft plan/strategies