

CHIP Chronic Disease – Recap & Possible Strategies for Group Reaction

During CHIP Planning Meeting #3 on 8/7/18, the Chronic Disease break-out group accomplished the following:

- reviewed the status of existing 2014-18 Obesity/Overweight CHIP strategies, discussed gaps and possible additional strategies/action steps with the group acknowledging that healthy eating and active living impact both obesity and chronic disease.
- group members shared their agency's current programming related to the chronic disease priority area— now includes chronic pain (ranking - 20.1), chronic disease (ranking 19.2), obesity (ranking - 18.1).

The group touched on the issue of chronic pain and did not have time to adequately brainstorm brand new strategies or discuss the issue of the ODH requirement that local CHIPs must align in some part with the State Health Improvement Plan (SHIP).

Given the change in the final selected Delaware County health priorities, group discussion, and desire to develop new strategies appropriate with priority area changes, the following are possible strategies for the group to consider at the CHIP Planning Meeting #4 on 8/30/18.

- **Proposed Strategy 1:** Develop partnership-based healthy lifestyle programming.
 - Who expressed interest - YMCA, Cancer Support Community, Mt. Carmel, Preservation Parks, DGHD
 - Next Steps:
 - Identify possible strategy goals like
 - Geographic expansion of existing programs & incr of class types offered
- **Proposed Strategy 2:** Research chronic pain management best-practices
 - Logical partners - DGHD, Ohio Health, Cancer Support, Mt. Carmel, others (?)
 - Next Steps:
 - Identify possible strategy goals like
 - Monitor federal DHHS Task Force Best Practices Report - due in 2019
 - Assess current practices in Delaware Co.
- **Proposed Strategy 3:** Create a county-wide physical activity collaboration
 - Who expressed interest - Preservation Parks, YMCA, Regional Planning – Trail Committee, Cancer Support Community, Mt. Carmel, DGHD
 - Next Steps:
 - Could Preservation Parks lead with their vision (?)
 - Identify strategy goals
- **Proposed Strategy 4:** Develop a food policy council
 - Brand new strategy that could be cross-cutting priority with food access - could encompass healthy food access related to health equity, healthy food school policies (farm to school) transforming local food systems
 - Logical partners - Hunger Alliance (likely lead group), OWU, OSU Extension, others (?)
- **Proposed Strategy 5:** Increase awareness of pre-diabetes (would meet the ODH SHIP chronic disease alignment requirement)
 - Brand new strategy to meet SHIP alignment req. – could start with prediabetes screening
 - Logical partners - Ohio Health, Mt. Carmel, Grace Clinic