

# 2016-17 DELAWARE COUNTY YOUTH RISK BEHAVIOR SURVEY RESULTS



## FUNDERS:



Delaware-Morrow Mental Health & Recovery Services Board



## EVALUATOR:



## SCHOOL DISTRICTS:



## DESIGN:

- Electronic survey via SurveyMonkey
- Reaching 15 schools in grades 6th-12th across 4 local school districts

## DEVELOPMENT:

- Majority of questions from CDC's Youth Risk Behavior Survey
- Two surveys developed:
  - High School = 90 questions | Middle School = 69 questions

## PROCEDURE:

- Surveys administered in classrooms using online survey on school technology
- Mostly passive parental permission slips used by all districts
- Goal was to survey as many students as possible at each school (census)

## RESPONSE RATES:

- Sample size (n)=10,784 - this is how many students completed the survey
- Confidence Interval =+0.76

## LIMITATIONS:

- Self-reported data



# KEY RESULTS



## ALCOHOL & TOBACCO



- Average age of onset for smoking was 13.2 years old
- 10% of youth\* currently use electronic vapor products
- 14% of youth had at least one drink in the past month (current drinker) increasing to 35% of those ages 17 and older
- Current drinkers got their alcohol from the following:
  - Someone gave it to them (42%)
  - A parent gave it to them (30%)
- 44% of high school\*\* students who drank had an episode of binge drinking in the past month, increasing to 56% of those ages 17 and older

## DRUG USE



- 4% of youth used a prescribed pain medicine, without a doctor's prescription or differently than how the doctor told them to use it at some time in their lives, increasing to 9% of those youth over the age of 17
- The average age of onset for marijuana use was 14.3 years old
- 5% of Delaware County youth had used marijuana in the past month increasing to 14% of those over the age of 17

## SEXUAL HEALTH



- 24% of high school youth had participated in sexting, increasing to 35% of those ages 17 and over
- The average age of onset for sexual intercourse was 15.0 years old

## VIOLENCE & SAFETY



- 14% of youth had ridden in a car driven by someone who had been drinking alcohol in the past month
- 5% of student drivers had driven a car themselves after drinking alcohol compared to 4% for Ohio (2013 YRBS)
- In the past 30 days, 42% of high school youth had texted or emailed while driving a car
- 6% of high school youth reported a boyfriend or girlfriend hit, slapped, or physically hurt them in the past 12 months

## MENTAL HEALTH



- 43% of youth had been bullied in the past year. The following types of bullying were reported:
  - Verbally bullied 32% (teased, taunted or called harmful names)
  - Indirectly bullied 26% (spread mean rumors or kept out of a "group")
- 20% of youth reported feeling sad or hopeless almost every day for 2 weeks or more in a row, increasing to 27% of females and 24% of high school youth

## PHYSICAL ACTIVITY & NUTRITION



- 19% of high school students were either overweight or obese
- 80% of youth ate a restaurant or take-out meal at least once in the past week
- 27% of youth got at least 60 minutes of physical activity every day during the past week