ZIKA VIRUS ALERT FOR TRAVELERS

ZIKA virus is an illness mostly spread by mosquitoes. Infection during pregnancy is linked to birth defects in babies.

PREVENT ZIKA

If you are visiting or have returned from a Zika-affected area (find out where at cdc.gov/zika), take steps to prevent mosquito bites.

- Use mosquito repellent containing DEET or Picaridin
- Wear light-colored long-sleeved clothing
- Use window & door screens or air conditioning
- Use condoms or abstain from sex to avoid sexual transmission

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